



IOA/ AG2018 – 196/ 2259

31/5/2018

To

**The Presidents & Secretaries General/ General Secretaries
National Sports Federations participating in the 18th Asian Games**

18th Asian Games – Medical Service and Anti-doping Guidelines

Dear Colleagues,

The OCA, as the Major Event Organiser (MEO) is the supreme authority for anti-doping in the upcoming 18th Jakarta Palembang 2018 Asian Games. The norms of OCA and INASGOC require full compliance of WADA Code and OCA Anti-Doping Rules. Athletes participating in the 2018 Asian Games or otherwise subject to the authority of the OCA in connection with the Games are bound by these rules as a condition of eligibility to take part in the 2018 Asian Games.

Please find attached the guidelines and rules:

- WADA Anti-Doping Code
- WADA List of Prohibited Substances
- WADA Therapeutic Use Exemptions
- OCA Anti-Doping Rules
- Medical Policy including medication list

These Rules are applicable during the period of the Asian Games (also known as the 'Games period'). The 2018 Indonesia Asian Games Period is defined as "is the period starts from the date of the opening of the athlete's village for the Asian Games, August 2, 2018 up until and including the day of the closing ceremony of the Asian Games, September 2, 2018".

It is the personal responsibility of athletes to determine whether a substance they are using, or considering using, for medical purposes is prohibited or not prohibited.

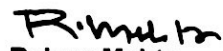
Advice for Athletes: Before and during the Games, athletes are strongly advised (in addition to discussing with their doctor) to check the status of any medication they are taking or intend to take through the following website: Global Drug Reference Online <http://www.globaldro.com/>

Athletes with a documented medical condition requiring the use of a Prohibited Substance or a Prohibited Method (which is in force from as of January 1, 2018) must obtain a TUE in advance of the Games from their International Federation (IF) or National Anti-Doping Organisation (NADO). Athletes granted approval of a TUE by the IF or NADO are required to provide a copy of the approval to the NOC by 10 July 2018 so that we can duly complete needful documentation for OCA's approval before 17 July 2018.

I request all National Sports Federations participating in the 18th Jakarta Palembang 2018 Asian Games to fully comply with the above-mentioned guidelines and rules. Athletes and officials should not have in their custody or in their room in the Village any undisclosed medicines, banned substances or supplements with banned substances or syringes. The prescription medicines to be carried by athletes or officials or any of the contingent members to the games should be declared before collecting the pre-valid accreditation card from IOA.

For any queries regarding these guidelines or rules, you can always contact the IOA Medical Commission or staff.

Sincerely,


Rajeev Mehta